



**FISAF**

**FISAF MAIN OFFICE:** c/o Deviation Finland Ltd, Olympic Stadium, Torniporras (Paavo Nurmen tie 1), 00250 Helsinki, Finland  
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29<sup>th</sup> June  
FISAF members 5/2009

# BULLETIN

## FISAF Main Office

FISAF Main Office is closed due to summer holidays for two weeks, from 6<sup>th</sup> to 19<sup>th</sup> of July.

We wish you all a beautiful holiday season!

Please note! FISAF Main Office is still waiting for calendar updates for the later period of this year and also for 2010.

## FISAF Committees

FISAF Committees are

- Technical Committee
- Educational Committee
- PR & Communication Committee

It was decided in 2007 General Assembly that Committee Member term is two years. According to the 2007 decision, the periods of Committee Members will continue until the GA 2009.

A new FISAF Committee will be formed at GA 2009:

- Medical Committee

Business activities are being developed under Deviation Finland:

- External Business Committee, whose work is continuing

The official nomination procedure will continue in August. All members will receive more information on each Committee's work and a form for official nomination of Committee members.

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## FISAF welcomes new members

### New Associated Partner in South-Africa (competition field)

South African Fitness Sport Aerobic Federation –  
SASAFF

**E-mail:**

[sasaff.lynette@new.co.za](mailto:sasaff.lynette@new.co.za)

**Website:**

<http://www.sasaff.co.za/>

**Address:**

P O BOX 3779, TYGERVALLEY, 7536

CAPE TOWN

SOUTH AFRICA

## Expelled member

### FISAF member in Luxembourg:

APMF

(Association Professionnelle des Métiers de la  
Forme)

Reason: No activities in recent years



## FISAF World Fitness Championships 2009

### La Martinique, France



#### Preliminary Program

Sunday 29.11	Arrival of delegations
Monday 30.11	Arrival of delegations Floor testing Cadet & Junior
Tuesday 1.12	FISAF World Junior Fitness & Hip Hop FISAF World Cadet Cup
Wednesday 2.12	Finals: Junior & Cadet
Thursday 3.12	Floor testing Senior
Friday 4.12	FISAF World Fitness Championships
Saturday 5.12	Finals: Senior
Sunday 6.12	Departure of delegations

For all questions regarding accommodation, packages and travel arrangements please turn to:

**CARIB CONGRES**

Website: [www.caribcongres.com](http://www.caribcongres.com)

Email: [FWCM2009@caribcongres.com](mailto:FWCM2009@caribcongres.com)

Tel: (33) 1 47 88 04 22

For all questions regarding programs & championships please turn to:

**LOC Martinique**

Website (to be opened soon):

[www.martiniquefisaf2009.com](http://www.martiniquefisaf2009.com)

Email: [david@fisaf.fr](mailto:david@fisaf.fr)

## FISAF European Fitness Championships Finals DVD

### Blanes, Spain 9.5.2009

- DVD includes only Finals of FISAF European Fitness Championships 2009
- Price of the DVD is € 18, 50, including forwarding charges and VAT.
- People who are interested in the DVD can send a mail to [Daniel.riemersma@gheringmm.nl](mailto:Daniel.riemersma@gheringmm.nl).
- Ghering Management & Marketing will send an invoice
- After Ghering has received the payment they will send the DVD by air mail



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French Open, Tourcoing  
22. - 24.5.2009



## Results:

# FISAF Swiss Open Fitness Championships 2009 Bassersdorf, Switzerland 13.6.

### Winners of each competed category

#### Cadet

##### Individual women

1. Denise Makar, Germany

##### Mixed pairs

1. Sophie Hink & Paul Engel, Germany

#### Junior

##### Individual Women

1. Pia Rieber, Germany

#### Senior

##### Individual Women

1. Angelique Welz, Germany

##### Individual Men

1. Judicael Lesmann, France

##### Mixed Pairs

1. Nadia Lukenheimer & Felix Stockmann, Germany

## Russian Open Championships 20-23.5.2009

### CADETS:

- Fitness Teams

- I place - «Energy», Petrozavodsk  
II place - «Samarochka», Samara  
III place - «Freestyle», Krasnoyarsk

- Step Teams

- I place - «Samarochka», Samara  
II place o - «Lada - Freestyle», Togliatti  
III place - «Smile Kin Up», Samara

- Hip-Hop

- I place - «United BIT», Ukhta  
II place - «Zakhvat», Yegorievsk  
III place - «Crazy Family», Chelyabinsk

### JUNIORS:

- Fitness Teams

- I place - «Crystal», Petrozavodsk  
II place - «Kanikuly», Moscow  
III place - «Future star», Obninsk

- Step Teams

- I place - «Strike», Penza  
II place «Master», Ozersk

- III place - «Impuls», Samara

- Hip-Hop

- I place - «Joker», Krasnoyarsk  
II place - «Victoria», Pokrovskoe  
III place - «Style», Saint-Petersburg

### SENIORS:

- Fitness Teams

- I place - «Scarlet Roses», Moscow  
II place - «Aerodance», Murmansk  
III place - «MIF», Moscow

- Step Teams

- I place - «Flamenko», Moscow  
II place «Samara», Samara  
III place - «A-Step Studia», Yelets

- Hip-Hop

- I place - «Virazh», Krasnoyarsk  
II place - «X-energ-Y», Tula  
III place - «S-Project», Saint-Petersburg

## FISAF Certification Program / Register

FISAF has a new Certification Program which works also as a Register of Certified Instructors.

Every FISAF Training Provider is furthermore entitled to order certificates for instructors. Assigned persons will take care of the Certification Program by each Training Provider. Please use the attached form to give your instructor Administrator person's name. We are expecting these forms back from each FISAF Training Provider **by August 3<sup>rd</sup>**.

These persons will receive further instructions of the Certification Program and the Instructor Register in August.

The same way as before FISAF Main Office will print the certificates

- with name of the instructor and
- the certificate number.

Attached you will find the Administrator Sheet.

## Conventions / Expos 2009

**15. – 17.7. International Sports Science conference**

More information: [www.apissc2009.org](http://www.apissc2009.org)

**Kota Baru, Kelantan, Malaysia**

**29. – 30.8. Inside out Pilates Convention**

Special offer for FISAF members:

More information: <http://www.fitspro.org/pages/evenement-formation-fitness-suisse.php>

**Centre de Fitness LET'S GO & studio Pilates  
Institute Lausanne, Switzerland**

special price "early bird": 200 € for the 2 days  
instead of 270 € (normal price)

**31.10. – 1.11. FISAF Fitness and Dance Convention**

More information: [www.ceskysvazaerobiku.cz](http://www.ceskysvazaerobiku.cz)

**Prague, Czech Republic**

**1. – 5.12. Les Mills Convention, Caraibes Fit & Dance Convention 3, Le Lamentin. Martinique**

More information: [www.caribcongres.com](http://www.caribcongres.com)

## Events 2010 – 2011

### 2010

6. – 10.6.	FISAF European Fitness Championships	Kladno, Czech Republic
18. – 24.10.	FISAF World Fitness Championships Global Health & Fitness Forum	Eindhoven, the Netherlands

### 2011

2. – 9.10.	FISAF World Fitness Championships	Gold Coast, Australia
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## European Qualification Framework

[http://ec.europa.eu/education/lifelong-learning-policy/doc28\\_en.htm](http://ec.europa.eu/education/lifelong-learning-policy/doc28_en.htm)

### **European strategy and co-operation in education and training**

Politicians at European level have recognized that education and training are essential to the development and success of today's knowledge society and economy. The EU's strategy emphasises countries working together and learning from each other.

EU education and training policy has been given added impetus since the adoption of the Lisbon Strategy in 2000, the EU's overarching programme focusing on growth and jobs. It underlines that knowledge, and the innovation it sparks, are the EU's most valuable assets, particularly as global competition becomes more intense in all sectors. High quality pre-primary, primary, secondary,

higher and vocational education and training remain as important as ever. But initial learning is not enough. People's skills must be constantly renewed to enable them to meet the challenges of ever-evolving technologies, increasing internationalization and demographic changes. Nowadays, lifelong learning is key to jobs and growth, as well as to allow everyone the chance to participate fully in society.

EU member states and the European Commission have in recent years strengthened their political cooperation through the Education and Training 2010 work programme. The programme integrates previous actions in the fields of education and training at the European level, including vocational education and training under the Copenhagen Process, and links up to the Bologna Process, which is crucial in the development of the European Higher Education Area.

## European Qualification Framework continues

### Objectives and targets

There are **three overall objectives**:

- improving the quality and effectiveness of education and training systems;
- facilitating access to education and training systems; and
- opening up EU education and training systems to the wider world.

**Five EU-level benchmarks** are set for 2010:

- the average rate of early school leavers should be no more than 10%;
- the total number of graduates in maths, science and technology should increase by at least 15%, while the gender imbalance in these subjects should be reduced;
- 85% of 22 year olds should complete upper secondary education;
- the share of low achieving 15 year olds in reading should decrease by at least 20%; and
- the average participation of working adults population in lifelong learning should rise by at least 12.5%.

### Working together

Member States can learn a lot from each other. The Commission organises peer learning activities between member states interested in jointly developing national policies and systems in specific fields.

### Monitoring

The Council and the Commission publish a joint report on the overall progress made towards the objectives every two years. The Commission also

publishes a detailed report annually analyzing the progress made to an agreed set of statistical indicators and benchmarks.

### European reference tools

The programme has led to the development of a number of EU reference tools to support national reforms. Recommendations and common principles have been developed in the areas of key competences, quality assurance in higher education and in vocational education and training, quality of mobility, validation of non-formal and informal learning, lifelong guidance and the European Qualifications Framework.

### Documents

- **An updated strategic framework for European cooperation in education and training**

Communication from the Commission to the European Parliament, the Council, the European Economic and Social Committee and the Committee of the Regions (December 2008)

[http://ec.europa.eu/education/lifelong-learning-policy/doc28\\_en.htm](http://ec.europa.eu/education/lifelong-learning-policy/doc28_en.htm)

Available in all languages of European Commission countries.

- **"Delivering lifelong learning for knowledge, creativity and innovation"**

2008 Joint Council/Commission Report on the implementation of the Education & Training 2010 work programme (February 2008)

[http://ec.europa.eu/education/index\\_en.htm](http://ec.europa.eu/education/index_en.htm)

<http://www.create2009.europa.eu/>