



**FISAF**

**FISAF MAIN OFFICE:** c/o Deviation Finland Ltd, Olympic Stadium, Torniporras (Paavo Nurmen tie 1), 00250 Helsinki, Finland  
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10<sup>th</sup> of December  
FISAF members 12/2010

# BULLETIN

## FISAF European Health & Fitness Forum 2011



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### Early Bird (EB) Registration until 28.2.2011

#### Participation Fees (including taxes)

##### 2- day package

Including:

2- day seminar, 2 lunches, 2 coffee breaks, Get-Together Cruise, Jyväskylä City Welcome Reception and other optional unofficial activities.

Regular price:

**EB 480, 00 €**

After 28.2.2011 615, 00 €

Education and Business Partners – 15 %

reduction: **EB 408, 00 €**

After 28.2.2011 522, 00 €

FISAF Members and Certified Instructors – 30 %

reduction: **EB 336, 00 €**

After 28.2.2011 430, 00 €

##### 1 day package

1 -day seminar (Wed or Thu), 1 lunch, 1 coffee break, Get-Together Cruise, Jyväskylä City Welcome Reception and other optional unofficial activities.

**EB 290, 00 €**

After 28.2.2010 369, 00 €

*Call for Speakers* deadline for Health and Fitness Forum has been extended until the end of this year – 31.12.2010.

Please send your suggestions to [fisaf@fisaf.org](mailto:fisaf@fisaf.org)

[www.fisafinjyväskylä.com](http://www.fisafinjyväskylä.com)

<http://www.facebook.com/event.php?eid=106207512782519>

## Conventions, Events & Championships 2011

Remember to send the information on your national events; fitness conventions, championships and other events to [fisaf@fisaf.org](mailto:fisaf@fisaf.org).

Please send logos, photos, links or any other relevant related to your event; this way FISAF can promote it through thousands of fitness fans around the world in Newsletters, web site and Facebook.

Attached is the questionnaire which needs to be returned to [fisaf@fisaf.org](mailto:fisaf@fisaf.org) by **15.1.2011**. Thank you.



## FISAF Swiss Open Fitness Championships 2011

2–3.4.2011, Pfäffikon, Switzerland

FISAF SWITZERLAND is pleased to invite you to the FISAF Swiss Open Fitness Championships 2011 which will take place in Pfäffikon SZ (Turnhalle Weid) (near the Lake of Zurich, only 15 minutes from Zurich)

You can find soon all the information under <http://www.fisaf.ch> .

For all requests for information, do not hesitate to contact: [nathalie@fisaf.ch](mailto:nathalie@fisaf.ch)

## FISAF Open Belgian Championships

Hip Hop Teams

19.3 2011 'GUSB' in Ghent – Belgium

Sports Aerobics & Fitness Teams

26–27.2 2011 'GUSB' in Ghent – Belgium

DE FITNESSORGANISATIE /FISAF BELGIUM

Groenstraat 240 – 9041 Oostakker

T. +32/9/232.50.36 – F. +32/9/232.50.37

[conny@fitness.be](mailto:conny@fitness.be) – [www.fitness.be](http://www.fitness.be)

## EHFA –Public Pledge by Fitness Sector

EHFA released the Executive Summary Report of “*Becoming the Hub*” EU funded project findings and evidence that have been presented at the EHFA London Summit on 22<sup>nd</sup> November 2010.

Over 70 delegates from across Europe and around the world attended the conference that was addressed by Jacob Kornbeck from the EU Commission DG EAC Sport Unit, and Prof. Dr Harold (Bill) Kohl III, President of the International Society of Physical Activity and Health.

The Executive Summary recommendations were discussed and agreed by the delegates who signed a public pledge:

*“Based on the evidence that now exists, the health and fitness sector believes it can provide a crucial role to use its extensive range of resources and skills to engage and stimulate citizens to achieve the EU Guidelines on Physical Activity. The European fitness industry will build a framework of action to encourage mass participation in exercise and activity. This will be based on the highest levels of professional collaboration and inter-agency coordination to develop integrated policies, campaigns and recommendations of best practice to get: MORE PEOPLE | MORE ACTIVE | MORE OFTEN”*

Representing FISAF in London from Education Committee were Jana Havrdova, Stefan Westerback and Tatiana Polukhina, and on the Association Meeting Riitta Hämäläinen–Bister, and on the Standard Meeting John Nel.



## FIBO 2011

4–17.4, Essen, Germany

FIBO wishes to invite and give 3 VIP tickets to Board Members of the National FISAF Federations to visit the Fair – including free entrance, shuttle service, free parking space etc. See more in the attachment.

Additionally FIBO will give to each FISAF member – European and Worldwide – 30 normal free entrance tickets, which will be distributed by the member to 15 best clubs inside the country.

See further instructions on the *attachments*.

## EHFA awarded EU funding for “*Fitness Against Doping*” project

EHFA – European Health and Fitness Association (the representative body of the health & fitness sector, based in Brussels, Belgium) has been awarded a grant by the European Commission to lead a project to research and develop preventative strategies to counter doping practices in fitness facilities. EHFA was chosen as 1 of only 3 successful applicants from 146 submissions to the funding stream under the European Commission’s Preparatory Action in the Field of Sport.

*Please see the complete press release attached.*

[www.FISAFworld.com](http://www.FISAFworld.com)

News about the FISAF portal will be published on FISAF Bulletins in January 2011.

## Eindhoven World Championships Shadow Judge Results

FISAF wishes to congratulate Jana Bonnarens from Belgium for passing the exams successfully.

## Judges Nominations for year 2011

Please find *attached* the Nominations Sheet for 2011 FISAF Championships. Send it to [tanya.houpt@fisaf.org](mailto:tanya.houpt@fisaf.org) and cc [fisaf@fisaf.org](mailto:fisaf@fisaf.org)

## Main Office Christmas Schedule

FISAF Main Office will be closed during the Christmas period 24.12 – 31.12.2010

## FISAF Wishes You Happy and Peaceful Holidays!

