



FISAF

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6th of June 2011
FISAF members 6/2011

BULLETIN

FISAF European Fitness & Hip Hop Championships 22.-25.6.2011 in Turin

Be always well informed; look at:

www.ectorino2011.com or at www.fisaf.org or www.fisafworld.com!

On www.ectorino2011.com is information about:

- Location
- Program
- Registration
- Regulation
- Ticketing
- Newsletters, **Competition guide**
- And much more!

IMPORTANT:

REGISTRATION and competitors FRF is exceptionally extended till 8th of June 2011!!!

Please, make sure that all your competitors not only from Sport aerobics, but as well from Fitness Aerobic, Fitness Step and Hip Hop are registered through the FRF system. It is extremely important and it is the only way how to be registered for the competition.

Note: Hotel Booking is not the same as registering to the competition.

Please, make sure that this information reaches most of your coaches and competitors in your country.

In this bulletin

FISAF European Championships 2011	1
Country info at FISAF ECH in Turin	1
FISAF Master Trainers Meeting in Jyväskylä	2
FISAF European Health & Fitness Forum in Jyväskylä	2
Call for Applications	3
Announcement of ECH 2012	3
Member contact details	3
FISAF Annual Reports	3
www.FISAFworld.com	3
FISAF Main Office closed	3
WADA on your web pages	3

Country info in Turin Saturday 25th of June 2011 at 14.30 at the Venue

Please make sure you do not miss this meeting – there will be important information for you about:

- FISAF World Championships 2011 in Australia
- Announcement of the FISAF European Championships 2012
- Technical Clarification of actual Regulation by FISAF Technical Committee
- Information about www.fisafworld.com

FISAF Master Trainers Meeting 12.7.2011, Jyväskylä

We would like to invite you to the 1st FISAF International Master Trainers Standard Meeting that will take place in Jyväskylä/FINLAND on Tuesday 12th of July 2011, just before the FISAF EUROPEAN HEALTH AND FITNESS FORUM (13. – 14. 7. 2011).

The reason to come together is to create an international working group of FISAF specialists. This meeting is held on behalf of FISAF Educational Committee.

Program – Tuesday 12th of July 2011:

- introduction of participants
- presentations of every participating nations FISAF educational system
- new education pathway
 1. FISAFworld.com portal
 2. e-testing
- discussion, lunch
- guidelines for the Master Trainers
- Let´s sweat together! (each one of participants prepares a 20 to 30 minutes long session of your preferred fitness activity, i.e. Step class, Power Yoga, Pilates etc.)
- social dinner

This **1st Master Trainers Meeting** will be for the first time for free! Do not miss this opportunity to become a part of a group of specialists that will have the opportunity to lead FISAF education worldwide in the future and create their own business opportunities through new tools, such as new portal www.fisafworld.com!

We are looking forward to hear about your interest to take a part in this challenging event by **10th of June 2011**. If you are interested, you should send your application to FISAF chair committee, Mrs. Jana Havrdova: havrdovaj@seznam.cz and in copy to fisaf@fisaf.org.

You can find your accommodation on www.fisafinjuryvaskyla. Lunch will be covered by FISAF Int. All of the Master Trainers will have 50% discount from the participation fee price for the FISAF European Health and Fitness Forum.

FISAF European Health & Fitness Forum 13.–14.7.2011, Jyväskylä, Finland

The forum will be held in Jyväskylä that is located in one of the lake districts of the country, only 270 km north of Helsinki, far enough away, yet so easy to get to. The 2-days forum enables participants to come together for new ideas and tools to expand business, create more innovation and reach a wider audience for fitness and wellbeing industry.

For the registration contact directly to: fisaf@fisaf.org
Please, ask special group offers that are still available.

All you need to know is on: www.fisafinjuryvaskyla.com.

Key speakers and their topics:

- [Viking Bergström \(SWE\)](#)
The Future of Fitness
- [Michaela Polaskova \(CZE\)](#)
Functional Approach in Fitness (1),
Spine Stabilization (theory and practice) (2)
- [Sarianna Sipilä \(FIN\)](#)
Physical Exercise and Aging
- [Timo Räikkönen \(FIN\)](#)
Martial Arts for Kids as Sources of Wellbeing
- [Hanna-Leena Pesonen \(FIN\)](#)
Environmental Impacts of Fitness Industry
- [Jarrod Saracco \(USA\)](#)
Creating a World of Fitness One Community at a Time
- [Mimi Adami \(ITA\)](#)
Pelvic Floor Dysfunction and Physical Activity
- [Herman Rutgers \(NED\)](#)
Influence of Regular Physical Activity on Health and Economic Impact on Health Care System – examples from campaigns

Call for Applications

If you wish to apply to host **FISAF World Fitness & Hip Hop Championships in 2012** or **FISAF European Fitness & Hip Hop Championships in 2013** or **FISAF World Fitness & Hip Hop Championships in 2013** please send your letter of interest to fisaf@fisaf.org **latest by 15th of August 2011**. In return you will receive the official Application Forms with necessary appendices.

Announcement of FISAF European Fitness & Hip Hop Championships 2012

Official announcement of **FISAF European Fitness & Hip Hop Championships 2012** will be done in Turin during the Country info on Saturday 25th of June 2011 at 14.30 at the Venue.

Member contact details 2011

Please send the member contact details to fisaf@fisaf.org if there are any changes or updates.

FISAF Annual Reports

We kindly ask all FISAF Member countries to fill in the formulary on our **Extranet** latest **by the end of June 2011**. If you have any questions regarding this report, please, do not hesitate to contact FISAF Main Office at fisaf@fisaf.org.

www.FISAFworld.com

Fisafworld.com is a global portal for Fitness professionals, Federations and Clubs under FISAF. Priority is to offer worldwide directory of certificated professionals in fitness and health industry. Second priority is to offer modern tools to manage, coach, communicate and even bill customers and members.

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Have you or your instructors already registered?

FISAF Main Office closed

We would like to inform you that FISAF Main Office in Helsinki is going to be closed in the week Nr. 29 and Nr. 30, **from 18th of July till 29th of July 2011**.

WADA on your web pages

There is a possibility to add on your official web pages of your Federation and use special **educational tool Wada Quiz** (<http://quiz.wada-ama.org/>).

Please try it and see that it is perfect tool how to get or give important information about the antidoping enjoyable and spontaneous way to all of your visitors and readers.

Please do not hesitate to contact us if you would like to use it.