



FISAF

Age Requirements/FISAF Instructor Trophy Competition

FISAF 2012 Individual Fitness Trophy Competition Divisions by Age			
Age Division	Born in year	Age competitor will become during 2012	Competition Divisions



Senior	1995 or earlier	17 years or over	Individual Fitness Trophy
	Note to Individual Fitness Trophy: - Amateurs are those who have never taught a group fitness class. - Professionals are those who have in the past or are currently teaching group fitness classes and/or fitness instructors by profession		

FISAF 2012 Individual Hip Hop Trophy Competition Divisions by Age			
Age Division	Born in year	Age competitor will become during 2012	Competition Divisions



Senior	1995 or earlier	17 years or over	Individual Hip Hop Trophy
	Note to Individual Fitness Trophy: - Amateurs are those who have never taught a hip hop class. - Professionals are those who have in the past or are currently teaching hip hop classes and /or are Hip Hop professional presenters or dancers by profession		