

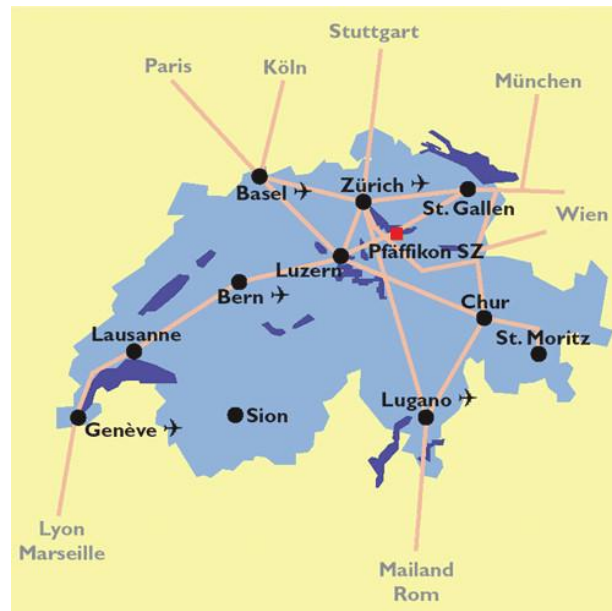
FISAF Swiss OPEN 2012 ***Sport Aerobic & Fitness Swiss*** ***Championships 2012***

26. & 27. May, 2012
in Pfäffikon SZ (Turnhalle Weid)



Hello All,

Together with its partners, FISAF SWITZERLAND is pleased to invite you to the **FISAF Swiss Open Championships 2012** which will take place on the **26. and 27. of May 2012** at Turnhalle Weid in Pfäffikon SZ (20 minutes from Zurich, on the south shore of Lake Zurich).



Note: there are two "Pfäffikon" which are about 25km apart. Please make sure when booking hotels or program your GPS to take the correct one.

As last year, we will have a panel of international judges.

Registrations are open now. Benefit from our early bird prices and its discount conditions by registering before March 4, 2012.

We hope to meet you during these events.

For all requests for information, do not hesitate to contact us:

- nathalie@fisaf.ch
- j.lesmann@gmail.com

Competition venue Turnhalle Weid, Pfäffikon SZ

Weidstrasse 20, CH-8808 Pfäffikon SZ



The venue is close to the exit of Motorway 3

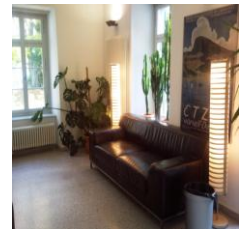
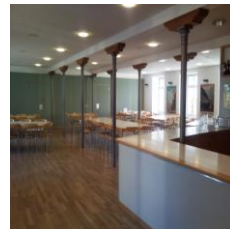
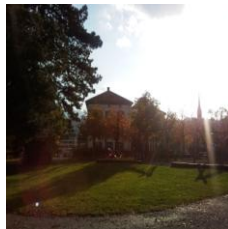
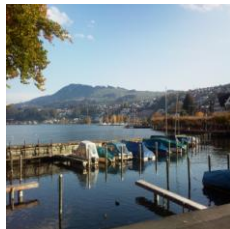
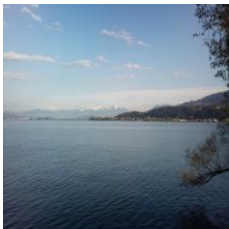
Hotels

Please note that this is a quite busy time of the year for the hotels (Pentecost), thus early booking is very important (and cancelation is in general free of charges)

Should the proposed selection of hotels not correspond to your needs, you may visit the official website of the [Lake Zurich Tourism Office](http://www.zuerich.com/en/Visitor/accommodation.html) or <http://www.zuerich.com/en/Visitor/accommodation.html>.

Youth hostel / Jugendherberge Richterswil

Hornstrasse 5
 CH-8805 Richterswil ZH
Contact: Tanja Demarchi / Petra Schuler
 Tel: +41 (0)44 786 21 88
 Fax: +41 (0)44 786 21 93
 Email: richterswil@youthhostel.ch
 Internet: www.youthhostel.ch/richterswil



Youth hostel / Jugendherberge Busskirch Rapperswil-Jona

Hessenhofweg 10
 CH-8645 Jona SG
Contact: Peter & Brigitte Keller
 Tel: 0041 (0) 55 210 99 27
 Fax: 0041 (0) 55 210 99 28
 Email: jona@youthhostel.ch
 Internet: www.youthhostel.ch/jona



Schweizerisches Jugend-& Bildungszentrum: Basic resort with hotel, a group house and two youth houses. The hotel is located 15' -20' by car from the competition venue.

Lincolnweg 23
 CH- 8840 Einsiedeln
 Telefon: +41 (0)55 418 88 88
<http://www.sjbz.ch>



SEEDAMM PLAZA: modern 4* congress hotel with 3 restaurants, Bar and Casino. With advanced booking group dinner can be arranged. The hotel is located 5' by car from the competition venue.

Seedammstrasse 3
 CH-8808 Pfäffikon SZ
 Telefon: +41 55 417 17 17
 Telefon direct: +41 55 417 27 02
 Fax: +41 55 417 28 24
<http://www.seedamm-plaza.ch>

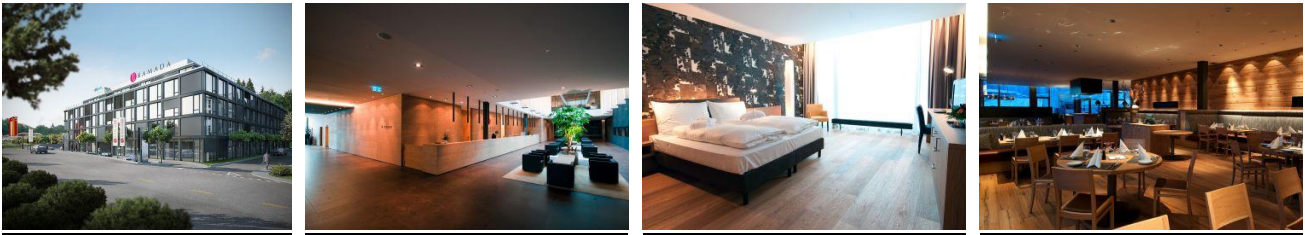


Hotel Ramada Feusisberg - Einsiedeln: 4* Business hotel that opened in 2010. Modern, spacious rooms, fitness center and spa. 5' drive to the competition venue.

Chaltenbodenstrasse 16

CH-8834 Schindellegi

www.ramada-feusisberg.ch



MOTEL MÜLHE: The Motel Mühle has 22 Beds. Free Internet, all rooms with Cable TV and Bath/Shower. Located 5' from the competition venue. Breakfast room, but no restaurant.

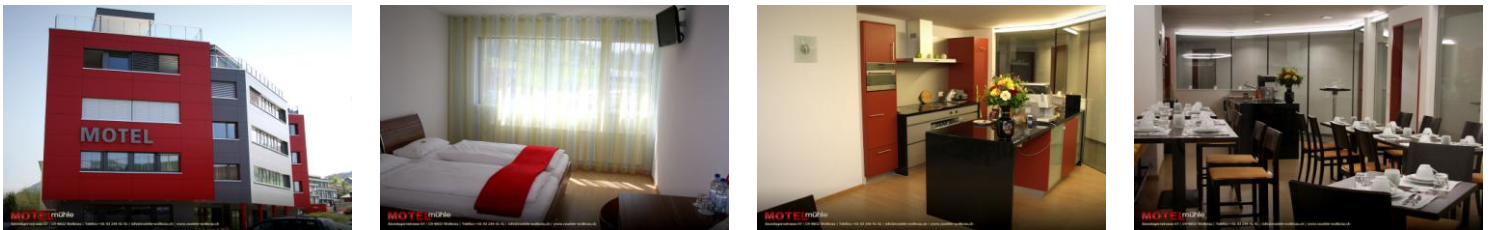
Motel Mühle

Samstagerstrasse 57

CH-8832 Wollerau

Telefon: +41 43 244 41 41

<http://www.muehle-wollerau.ch>



IBIS ZURICH ADLISWIL: The hotel is located 20' by car from the competition venue.

Zurichstrasse 105

ZURICH-ADLISWIL

CH-8134 ZURICH

Telefon: +41 44 711 85 85

<http://www.accorhotels.com>

Program

REMARK! This is only a preliminary schedule! The time schedule will be adjusted according to the number of participants in the different categories.


The final schedule will be posted after registrations are closed!


Saturday 26.05.2012


Registration + music check Sports Aerobics, Fitness teams (Aerobic, Step) cat. A & B.
Preliminaries & Semi finals

Sunday 27.05.2012

Semi finals & Finals all categories
Award Ceremony

 **Mini, Cadet, Junior & Senior:** all categories with more than 12 athletes/teams have preliminaries and semi finals. If there are 6 or more Swiss athletes/teams in the semi finals, the best 6 will be qualified for the finals. In addition all foreign athletes/teams that are ranked among the top 6 in the semi finals will also be qualified for the finals.

 All A-categories and all B-categories (except Mini B-cat.) with 11 or fewer athletes/teams only have preliminaries and finals.

 May we ask you to respect the times on the present schedule. The final schedule with the start times will be handed out during the registration.

Participation fee

	EARLY BIRD registration BEFORE 04.03.2012	Registration FROM 05.03.2012 and BEFORE 29.04.2012
Sport Aerobic cat A & B Individual	30 CHF REMARK! If an athlete competes in 2 categories, the registration for the Individual M or W category is 20 CHF (only during early bird registration)	40 CHF
Sport Aerobic Cat. A & B Team (2-3)	60 CHF	80 CHF
Step teams	100 CHF	130 CHF
Fitness teams	100 CHF	130 CHF
Visitors 1day	6 CHF	
Visitors 2 days	10 CHF	
Visitors 1 day (<12 years)	2 CHF	
Groupe Package (5 persons)	40 CHF	45 CHF
Groupe Package (10 persons)	75 CHF	90 CHF

Note: We target a maximum of 20 athletes per category; nevertheless, all athletes who register during the early bird period will be allowed to participate, independently of the number of athletes in the respective category. After the early bird period, categories will be closed once they will have reached 20 participants.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 29 April 2012.

The participation fee must be paid to: FISAF Suisse Route Suisse 7A 1295 Mies Suisse

BANK DETAILS:

BANK: Banque Raiffeisen de Gimel, La Chomaz 8, 1188 Gimel

Konto: 25827.44

N° clearing banque: 80485

SWIFT-Code: RAIFCH22

IBAN: CH18 8048 5000 00258274 4

with the announcement 'FISAF SWISS OPEN 2012 + NAME OF THE ATHLETE/TEAM or CLUB.'

REMARK: all transfer costs have to be paid by yourself.

Conditions of participation

- 1) All athletes /teams must fill in the correct registration form (FRF)+ send a copy of their passport to nathalie@fisaf.ch or j.lesmann@gmail.com before the 12 May 2012.
- 2) Pay the participation fee.
- 3) Each athlete/team must have an individual insurance in case of an accident.
- 4) Each athlete should sign a DECLARATION (CLUB/ COACH & ATHLETES) FORM that they agree with the FISAF TECHNICAL REGULATIONS SPORTS AEROBICS, FITNESS CATEGORY, which will be respected during the FISAF SWISS OPEN FITNESS CHAMPIONSHIPS of 26. and 27. May 2012.

DEADLINE SPORT AEROBIC & FITNESS TEAMS: 29 April 2012.



FISAF Swiss OPEN 2012

Sport Aerobic & Fitness Swiss Championships 2012

DECLARATION CLUB

Undersigned: ...

Responsible of (name club): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2010 - 2012 + Antidoping Policy concerning the FISAF SWISS OPEN CHAMPIONSHIPS 2012 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2012 that take place on Saturday 26. and Sunday 27. May 2012 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for clubs.

Date:

Signature:

DECLARATION COACH & ATHLETES

Undersigned (coach): ...

Declares:

- To have taken note of the FISAF TECHNICAL REGULATIONS 2010 - 2012 + Antidoping Policy concerning the FISAF SWISS OPEN CHAMPIONSHIPS 2012 & SPORTS AEROBICS & FITNESS SWISS CHAMPIONSHIPS 2012 that take place on Saturday 26. and Sunday 27. May 2012 at Turnhalle Weid, Pfäffikon SZ, and agrees with it;
- To respect the code of ethics for coaches and athletes;
- That the undersigned will inform his/her athletes of the above information.

Date:

Signature:

FISAF Swiss OPEN 2012

Sport Aerobic & Fitness Swiss Championships 2012

REGISTRATION FOR FITNESS TEAMS

FISAF member country :
Name of coach :
Phone of coach:
E-mail of coach:

CATEGORY:

- FITNESS TEAMS
- STEP TEAMS

- MINI DIVISION
- CADETS
- JUNIORS
- SENIORS

Name of team :

Music

- Title :
- Artist :
- Composer :

ATHLETES:

	First Name	Family Name	Date of birth
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

PLEASE RETURN THIS FORM TO: nathalie@fisaf.ch or j.lesmann@gmail.com

FINAL DEADLINE SPORT AEROBIC & FITNESS TEAMS: 29 April 2012.

FISAF Swiss OPEN 2012

Sport Aerobic & Fitness Swiss Championships 2012

REGISTRATION FOR SPORT AEROBIC

FISAF member country :
Name of coach :
Phone of coach:
E-mail of coach:

CATEGORY:

- | | | |
|--------------------------------------|--|--------------------------------|
| <input type="checkbox"/> IND MEN | <input type="checkbox"/> MINI DIVISION | <input type="checkbox"/> CAT A |
| <input type="checkbox"/> IND WOMEN | <input type="checkbox"/> CADETS | <input type="checkbox"/> CAT B |
| <input type="checkbox"/> MIXED PAIRS | <input type="checkbox"/> JUNIORS | |
| <input type="checkbox"/> SA TEAMS | <input type="checkbox"/> SENIORS | |

Music :

- Title:
- Artist:
- Composer:


ATHLETES:


	First Name	Family Name	Date of birth
1.			
2.			
3.			


PLEASE RETURN THIS FORM TO: nathalie@fisaf.ch or j.lesmann@gmail.com


FINAL DEADLINE SPORT AEROBIC & FITNESS TEAMS: 29 April 2012.

Partners


	<p>www.fisaf.org</p>
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	<p>www.safs.com</p>
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	<p>www.fitspro.org</p>
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	<p>www.coolandclean.ch</p>
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	<p>www.tropsport.com</p>
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	<p>www.sponser.ch</p>
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